



# THIS WEEK

Café 300

Week of October 26th

## What's Happening

### CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

#### SPECIAL EVENTS:

- Salad Bar Specials: Wild Rice Dried Cranberry Sunflower Seed Salad , Lentil Beet Goat Cheese Salad , Pork Potstickers Shredded Carrots Sesame Soy Sauce Scallions
- Grab & Go Specials: Arroz Con Leche, Caramel Apple Granola Vanilla Yogurt Parfait

#### WEEKLY SPECIALS

##### Deli

Smoked Turkey, Cheddar, Cranberry Apple Relish, Pretzel Roll Sandwich

##### Grill

Gochujang Chicken Burger, Radish Slaw, Whole Wheat Bun 

##### Taqueria

Chipotle Orange Marinated Flank Steak 

##### Soup

Chicken Tortilla Soup  
Yuca, Potato, Plantain Soup

#### CHEF'S TABLE

### Tuesday & Wednesday: Fall Pasta Bar

You asked, we listened! Build-your-own pasta is making its way to Café 300's Chef's Table for two days only! Create your perfect pasta bowl with your choice of pasta, protein, sauce, and toppings, featuring a fall twist with roasted Brussels sprouts and butternut squash. Stop by and mix, match, and make it your own!

#### HOURS

##### Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

##### Lunch

11 AM – 1:30 PM  
(Grill open until 2PM)

- Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the *MySystopia* mobile app, available on iOS and Android, workplace code: 989980
2. Online at [mycafe.systopiacloud.com](http://mycafe.systopiacloud.com)
3. Café 300 order kiosks

# TREE HOUSE

MENU WEEK OF OCTOBER 26TH 2026

## Coffee Bar 7 AM – 4 PM

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**STARBUCKS** (Monday-Friday)

## Breakfast 7 AM – 10 AM

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**ORCHARD BAR** (Monday-Thursday)

Walk up and order one of our FLIK Favorites or build your own smoothie

**ARBOR** (Monday-Thursday)

Self-serve weighed hot breakfast buffet with new selections daily

**Check our Viva Engage page for daily selections available**

**CANOPY** (Monday-Thursday)

Walk up and order breakfast action station

**Sweet and Savory Waffle Bar**

## Lunch 11 AM – 1:30 PM

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**ARBOR** (Monday-Thursday)

Self-serve weighed hot lunch buffet with new selections daily

**Check our Viva Engage page for daily selections available**

**CANOPY** (Monday-Thursday)

Walk up and order lunch action station

**BYO Chili Bowl** *Happy National Chili Month!*